

CHORES BY AGE

cultivate contributing, confident, can-do kids

Over 70+ chores!

Remember all kids will need your help to learn what is expected. It is important to be specific, consistent, and patient as your children learn each task.

AGE 2-3

self-care chores

- Brush Teeth
- Get Dressed
- Pajamas
- Pick Up 21 Things
- Pick Up Toys
- Put Dirty Clothes in Laundry Basket
- Put Stuff Away When Coming In
- Take Nap

household chores

- Clean Bathroom Sink(s) & Counter(s)
- Dust Room(s)
- Feed Pet(s)
- Pick Up Outside Toys
- Pick Up Sticks
- Wipe Down Cabinet Fronts & Appliances
- Wipe Down Knobs, Switches & Railings

AGE 4-5

Previous Chores Plus

self-care chores

- Bath Shower
- Clear Your Dishes
- Exercise
- Extra Reading
- Learn Home Address
- Learn Phone Number
- Make Bed
- Practice Instrument

household chores

- Clean Shoe & Coat Area
- Fill Hand Soap & Replace Towels
- Get Mail
- Match Socks
- Plant Care
- Unload Dishwasher
- Unload Groceries/Shopping
- Vacuum Couch and Chair Cushions
- Wash Windows

AGE 6-7

Previous Chores Plus

self-care chores

- Brush Hair
- Clean Bedroom
- Extra Math
- Homework
- Put Away Clean Clothes

household chores

- Clean Bathroom Mirror(s)
- Clean Dining Room
- Clean Family Room
- Clean Glass Surfaces
- Clean Living Room
- Clean Play Room
- Clean Shower/Bathtub
- Clean Up After Pet(s)
- Clear And Wipe Down Table
- Load Dishwasher
- Set Table
- Sweep Floor(s)

AGE 8-10

Previous Chores Plus

self-care chores

- Organize Drawers
- Organize Your Closet
- Pack School Bag
- Take Vitamins

household chores

- Clean Bathroom(s)
- Clean Microwave
- Clean Toilet(s)
- Exercise Pet(s)
- Fold Laundry
- Make Meal(s)
- Take Out Recycling
- Take Out Trash
- Vacuum Room(s)
- Wash And Dry Load(s) Of Clothes
- Wash Dishes
- Wash Floor(s)
- Wash Vehicle
- Weed Garden

NEATLINGS list of Chores By Age is meant to be a helpful guide of when kids may be ready to tackle certain jobs. All kids are different so adjust as needed & always use kid safe cleaning practices.

AGE 11-TEEN

Previous Chores Plus

self-care chores

- Purge Clothes That No Longer Fit

household chores

- Clean Garage
- Clean Kitchen
- Outside Work
- Shovel Snow or Rake Leaves



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Self-care chores are tasks that each child needs to complete, such as make bed or practice instrument. Household chores are jobs that typically only need to be done once, such as take out trash or feed pet(s).